

rinarjoshi@gmail.com  
914.500.3558

## RINA R. JOSHI, DO

7984 Milltown Circle  
Cheltenham, PA

### EDUCATION

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**Temple University Hospital** Philadelphia, PA  
Rheumatology Fellowship Jul. 2023 – Expected Jul. 2025

**Christiana Care/Sidney Kimmel Medical College at Thomas Jefferson University** Newark, DE  
Internal Medicine Internship & Residency Jun. 2020 – Jul. 2023

**Touro College of Osteopathic Medicine** Middletown, NY  
Doctor of Osteopathic Medicine, *magna cum laude* Jul. 2016 - May 2020

**Touro College of Osteopathic Medicine** Middletown, NY  
Master of Science in Interdisciplinary Studies in Biological and Physical Sciences Jul. 2015 - May 2016

**University of Michigan** Ann Arbor, MI  
Bachelor of Science in Biopsychology, Cognition & Neuroscience, *Honors* Aug. 2010 - May 2014

### PREVIOUS PROFESSIONAL EXPERIENCE

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**Behavioral Health AmeriCorps Member** Aug. 2014 – Jul. 2015  
Open Door Family Medical Centers, Ossining, NY

**Business/Technical Intern** May 2013 – Aug. 2013  
IBM Watson Solutions, Austin, TX

**Nursing Assistant** May 2012 – Aug. 2012  
Burke Rehabilitation Center, White Plains, NY

### RESEARCH EXPERIENCE

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**Project Lead Researcher** Jul. 2021 – ongoing  
ChristianaCare, Newark, DE  
▪ Quality improvement project aimed at increasing bone scan referrals for post-menopausal women

**Researcher** Jul. 2020 – Jun. 2021  
ChristianaCare, Newark, DE  
▪ Quality improvement project aimed at increasing flu vaccination rates in an urban primary care setting

**Research Assistant** Jun. 2017 – Jul. 2019  
Weill Cornell Medicine, New York, NY  
*Department of Otolaryngology – Head and Neck Surgery; Advisor: Ashutosh Kacker*  
▪ Retrospective study analyzing long term complication rates following septoplasty with inferior turbinate reduction

**Research Assistant** Sep. 2011- Apr. 2014  
University of Michigan, Ann Arbor, MI  
*Molecular, Behavioral, and Neuroscience Institute; Advisor: Elyse Aurbach*  
▪ Searched for a marker pertaining to depression in humans using rat models

### AWARDS & HONORS

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**Delaware ACP Competition** Feb. 2022  
First place winner in Abstract Competition – selected for an oral presentation  
Second place winner in poster competition

<b>SHM Delaware Chapter Abstract Competition</b> Second place winner	Nov. 2021
<b>Gold-level recognition, Translating Osteopathic Understanding into Community Health (TOUCH)</b> Awarded for completing over 100 hours of community service for the 2017-2018 school year	Jul. 2018
<b>Tony Leser Fund Scholarship Recipient</b> Scholarship awarded to five students who received a 4.0 for the first year of medical school	Sep. 2017
<b>Academic Excellence in Histology</b> Received highest overall grade in the class	Sep. 2017
<b>Academic Excellence in Immunology/Microbiology</b> Received highest overall grade in the class	Sep. 2017
<b>Silver-level recognition, Translating Osteopathic Understanding into Community Health (TOUCH)</b> Awarded for completing over 50 hours of community service for the 2016-2017 school year	Jul. 2017
<b>Academic Excellence in Biochemistry</b> Received highest overall grade in the class	Jun. 2016

#### PUBLICATIONS

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- Joshi, R.** & Mansoor, M. The Copy Cat Disease: A Case of Lupus Podocytopathy. *British Journal of Healthcare and Medical Research* 2022, 9(1), 32–35. <https://doi.org/10.14738/jbemi.91.11647>
- Joshi, RR,** Hess, KJ, Sullivan, DM, Maguire, M, Hans, AS. Too Hot to Handle: A Case of Fever of Unknown Origin. *Cureus*. 2022. doi: 10.7759/cureus.20942
- Joshi RR,** Riley CA, Kacker A. Complication rates following septoplasty with inferior turbinate reduction. *Ochsner J*. 2019 Winter;19(4):353-356. doi: 10.31486/toj.19.0002.
- Joshi, R.R.** Does Time Really Tell All? The Effect of Circadian Rhythms on Emotional-like Behavior in Rats Selectively Bred to Model Mood Disorders. [Undergraduate thesis]. Ann Arbor, MI: University of Michigan, 2014.

#### ORAL PRESENTATIONS

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- Joshi, R,** Mansoor, M., O’Neill, J. The Copy Cat Disease: A Case of Lupus Podocytopathy. Oral Presentation at American College of Physicians - Delaware Chapter Annual Meeting 2022, Virtual presentation (2022, Feb. 5)
- Joshi, R,** Mansoor, M., O’Neill, J. The Copy Cat Disease: A Case of Lupus Podocytopathy. Oral Presentation at Society of Hospital Medicine Delaware Chapter RIV Competition 2021, Newark, DE. (2021, Nov.)

#### ABSTRACTS & POSTERS

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- Vadher, U., **Joshi R.**, and Mehta, S. No Bones About It: A Quality Improvement Initiative to Increase Bone Density Screening in Elderly Females within a Resident-Run Clinic. Delaware ACP QI Symposium, Newark, DE. (2022, May 26).
- Joshi, R.**, Mansoor, M. The Copy Cat Disease: A Case of Lupus Podocytopathy. Pennsylvania Rheumatology Society 8<sup>th</sup> Annual Scientific Meeting, Hershey, PA (2021, Sept 18-19). National Society of Hospital Medicine Conference, Nashville, TN (2022, April 7-10). American College of Physicians Internal Medicine Meeting, Chicago, IL (2022, April 28-30).

**Joshi, R**, Mansoor, M., O'Neill, J. The Misdiagnosed Disease: A Case of Anti-Melanoma Differentiation Associated Gene 5 Dermatomyositis. American College of Physicians - Delaware Chapter Annual Meeting 2022, Virtual presentation (2022, Feb. 5). National Society of Hospital Medicine Conference, Nashville, TN (2022, April 7-10).

**Joshi R**, Bhardwaj A, Mause J, Egan D, De Shields J, Cheng S, Rickards G, O'Neill J. COVID (Continued Opportunities for Vaccinations In Delaware). Delaware ACP QI Symposium, Newark, DE. (2021, April).

**Joshi, R.R.**, Mohamed, F., Duffalo, C., & Ley, J. A Flesh-Eating Monster: E. Coli An Unlikely Cause for Necrotizing Fasciitis. Annual Meeting American College of Physicians, Newark, Delaware (2020, February).

**Joshi, R.R.**, Riley, C.A., & Kacker, A.S. Long-Term Complication Rates Following Septoplasty with Inferior Turbinate Reduction. Poster presented at American Rhinologic Society|Combined Otolaryngology Spring Meeting, Oxon Hill, MD (2018, April).

Aurbach, E.L., Clinton, S.M., **Joshi, R.**, Watson, S.J., & Akil, H. Maternal influence on offspring's exploratory behavior: modulation of the intermediate phenotype but not of the extreme, selectively-bred phenotypes. 41st Annual Meeting of the Society for Neuroscience, New Orleans, LA (2012, October).

Saha, S., **Joshi, R.**, Parry, T.J., & Caggiano, A.O. Evaluation of forceps compression model for spinal cord injury: Histomorphological and ionic lesion formation analysis. Society for Neuroscience, Chicago, Illinois (2009, October).

#### INTRAMURAL PRESENTATIONS

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**Joshi, R.** A Case of Listeria Meningitis. Acute Medicine Service Line/Infectious Disease Conference. Newark, DE. (2021, Nov)

#### COMMITTEES & LEADERSHIP

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<b>Leadership Excellence Education for Residents/Fellows Program (LEED-R) Member</b> <i>Christiana Care, Newark, DE</i>	Aug. 2022
<b>Wellness Committee Chair</b> <i>Christiana Care, Newark, DE</i>	Jul. 2020 – Jul. 2023
<b>Project: MedAchieve</b> <i>Touro College of Osteopathic Medicine, Middletown, NY</i> <ul style="list-style-type: none"><li>▪ <i>Head Coordinator: 2017-2018</i></li><li>▪ <i>Mentor: 2016-2017</i></li></ul>	Sep. 2016 - Apr. 2018
<b>Creator &amp; Founder, Read4Peds</b> <i>Touro College of Osteopathic Medicine, Middletown, NY</i>	Apr. 2017 – Apr. 2018
<b>Vice President, American Medical Student Association</b> <i>Touro College of Osteopathic Medicine, Middletown, NY</i>	Jul. 2016 – Jul 2017

#### TEACHING

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Anatomy Teaching Assistant <i>Touro College of Osteopathic Medicine, Middletown, NY</i>	Sep. 2017 – Apr. 2018
Biochemistry Teaching Assistant <i>Touro College of Osteopathic Medicine, Middletown, NY</i>	Sep. 2017 – Apr. 2018
Immunology & Microbiology Teaching Assistant <i>Touro College of Osteopathic Medicine, Middletown, NY</i>	Sep. 2017 – Apr. 2018

## PROFESSIONAL MEMBERSHIPS

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*American College of Physicians (ACP)*  
*American College of Rheumatology (ACR)*  
*American Osteopathic Association (AOA)*  
*Pennsylvania Rheumatology Society (PRS)*  
*Sigma Sigma Phi (SSP)*  
*Society of Hospital Medicine (SHM)*

## MEDICAL LICENSURE

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**Delaware Professional License: C7-0007376**  
**BLS, ACLS**, American Heart Association

## LANGUAGES

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Fluent in Hindi and Marathi